

OCT-DEC  
2024



**Saudi German Hospital**  
Caring like family

# Academic Affairs Newsletter

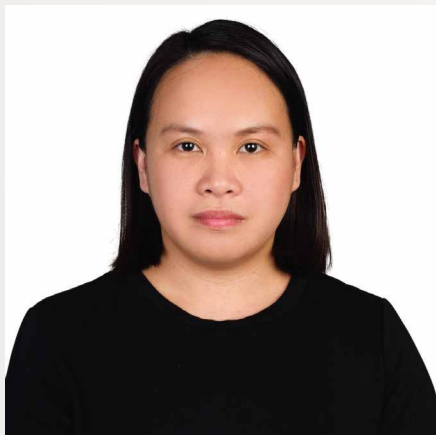


Welcome to the latest edition of the Academic Affairs Newsletter, where we celebrate the exciting events and initiatives that have enriched our professional community at Saudi German Hospital Dubai.

## Academic Affairs Dream Team



**Assem Mohamed Ali Elsayad**  
SGH UAE Group Academic Affairs  
Manager



**Cherrylyn Mae Urbino**  
Life Support Training  
Coordinator



**Mohamed Mohamed  
Elbana**  
Academic Affairs  
Executive



**Mohammad Tareq  
Orfali**  
Clinical Training and  
Research Coordinator

## October Highlights

### Cardiology Conference (October 4<sup>th</sup>)

We began the month with a highly informative Cardiology Conference. Esteemed cardiologists from SGH and across the UAE delivered insightful presentations, fostering collaboration and sharing valuable knowledge in the field.



## Launch of the Mastering Emergency Medicine Program (October 4<sup>th</sup>)

In partnership with Dr. Haitham Khalil Elkakhia, Head of Emergency Medicine, we launched the Mastering Emergency Medicine Program. The inaugural session on "Approach to Abdominal Pain" received enthusiastic participation from ER doctors, residents, and interns.



## Onboarding & Orientation for New Interns (October 9<sup>th</sup>)

On October 9<sup>th</sup>, we warmly welcomed our new interns with a comprehensive orientation.

Key topics included:

- Medical training at SGH
- Infection control
- Professionalism and wellbeing
- Quality & patient safety
- Medical records handling
- Fire safety
- Tips for a successful internship



This session provided a solid foundation for their journey with us.



## Weekly Question-Solving Sessions (Starting October 17<sup>th</sup>)

These sessions, held every Thursday, offer a supportive platform to enhance clinical knowledge and sharpen problem-solving skills. They'll continue through the end of the year.



## Chest Compression Training (October 22<sup>nd</sup>)

Participants engaged in hands-on CPR training to master vital chest compression techniques. This session boosted confidence and preparedness for emergency situations.



## ACCPAC System Training for New Interns & Residents (October 22<sup>nd</sup>)

Interns and residents attended a training session to efficiently navigate hospital systems and streamline daily operations.



### **3rd ITC Meeting (October 22<sup>nd</sup>)**

Core faculty and department representatives convened to discuss key updates and align strategies for upcoming initiatives. This productive meeting set the stage for future collaboration.

### **First Grand Round Meeting (October 31<sup>st</sup>)**

Dr. Rachel Kaminiski led our inaugural Grand Round Meeting, bringing together medical professionals to discuss advancements, patient care, and hospital-wide initiatives. This inspiring event emphasized the importance of teamwork and innovation.

## November Highlights

### Mastering Emergency Medicine Program: Session 2 (November 19<sup>th</sup>)

The second session focused on "Approach to Breathlessness" and was once again led by Dr. Rachel Kaminiski. The event reinforced the program's value to ER doctors, residents, and interns.



## COPD Awareness Campaign (November 21<sup>st</sup>)

Dr. Rachel Kaminski and trainee doctors conducted a successful campaign, screening over 50 patients with spirometry tests. The initiative educated the community on lung health, COPD prevention, and lifestyle changes for healthier living.



## Infection Prevention and Control Conference (November 22<sup>nd</sup>)

A collaboration between the Academic Affairs department, QPS and infection control. The event brought together experts in infection control who shared their knowledge and best practices, fostering a collaborative approach to maintaining the highest standards in healthcare.



## Academic Day 6 (November 25<sup>th</sup>)

This event featured thought-provoking presentations:

- Surgical Jaundice by a medical intern
- ACL Arthrorehabilitation by physiotherapy interns
- Antibiotic Resistance by a pharmacy intern

The day served as a platform for knowledge-sharing and professional growth



## Doctor Shadowing Program (December)

The Doctor Shadowing Program continued successfully in December, with 12 students participating in this immersive experience.

Key highlights of the program included:

- Learning essential clinical skills such as CPR, intubation, gastric tube insertion, and ultrasound techniques.
- Shadowing doctors and interns during procedures, trauma codes, and daily hospital routines.
- Gaining firsthand exposure to the realities of being a doctor.

The students provided positive feedback, expressing enthusiasm about the experience and a stronger desire to pursue medical school. This program continues to inspire and guide future healthcare professionals.



## Mangrove Planting Event with Manchester University and Emirates Marine Environmental Group (December 13)

As part of our commitment to sustainability and environmental conservation, we partnered with Manchester University and the Emirates Marine Environmental Group for a mangrove planting event.

Participants visited the Emirates Marine Environmental Group, a non-profit organization in Dubai dedicated to preserving biodiversity in the UAE. Key highlights included:

- Planting mangrove saplings to support conservation efforts.
- Learning about the critical role mangroves play in protecting ecosystems, mitigating climate change, and fostering marine biodiversity.

This initiative underscored the importance of environmental stewardship and provided a hands-on opportunity to contribute to preserving the UAE's natural heritage.



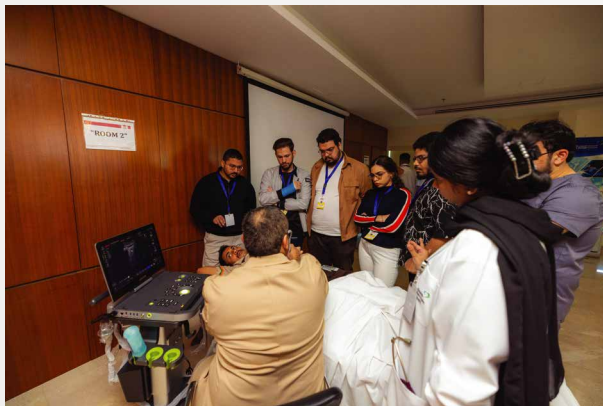
## POCUS Course by Sono School (December 21-22)

In collaboration with Academic Affairs at SGH, the Point-of-Care Ultrasound (POCUS) Basic Course was conducted on December 21-22.

This two-day intensive course was tailored for healthcare professionals eager to refine their diagnostic capabilities. Key features included:

- Comprehensive coverage of POCUS concepts and practical applications.
- Hands-on sessions to build confidence in using ultrasound in clinical settings.
- Expert-led instruction to enhance diagnostic accuracy.

The course provided participants with invaluable skills to integrate POCUS seamlessly into their daily practice, elevating patient care standards.



## Feedback From our trainees

### Training doctors:



**Mahrukh Raza** • 3rd+  
Masterstudent Geneeskunde Erasmus MC Rotterdam  
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Another amazing and educational experience abroad has come to an end! Recently, I completed my elective internship at the Emergency Department of the Saudi German Hospital in Dubai. During this time, I encountered a wide variety of medical cases, got to know wonderful doctors and fellow students, and gained valuable insights into the healthcare system in Dubai. It was incredible to see the high-quality and advanced care provided to patients. Personally, I had the opportunity to test and expand my medical knowledge and communication skills. Some of the cases I encountered included trauma, shingles, supraventricular tachycardia, anaphylaxis, and much more!

I also observed the differences and similarities between the healthcare systems of the Netherlands and Dubai. For instance, just like in the Netherlands, insurance plays a significant role in healthcare access. Additionally, I noticed that doctors in Dubai maintain a good work-life balance, which was inspiring to see.

I would like to sincerely thank everyone who made my time at the Saudi German Hospital so meaningful. A special thanks to Dr. [Mohammad Orfali](#), [Mohammed Elbana](#), and [Assem Elsayad](#) for coordinating this internship and for their guidance. Additionally, I would like to express my gratitude to Dr. [Haitham Khalil Elkakhia](#), Dr. Sara Ahmadi, and Dr. [Thomas Coryndon](#) for their mentorship at the Emergency Department. I would also like to thank Dr. [bassil al-zamkan](#) for allowing me to observe and learn more about cardiothoracic surgery. Experiences like this remind me of my enduring passion for surgery—it always seems to resurface!

Dubai is a beautiful place to work, whether for a short or extended period. Feel free to reach out if you're curious about my experience or have similar interests! If you're a medical student considering an elective internship in Dubai, I'd be happy to share my insights and help you out.





**Sara Said** • 2nd

Medical Intern | Aspiring surgeon | Research Enthusiast  
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As 2024 came to an end, I want to share my incredible journey as an intern at **Saudi German Health UAE**

Working alongside such a talented and dedicated team has been a truly rewarding experience. I've learned so much and cherished every moment spent collaborating and growing with my colleagues.

Thank you to everyone for making this internship unforgettable! Here's to more learning and success in the coming year! 🌟

**Saudi German Health UAE**

Assem Elsayad 🇸🇦

Aditi Sanjay Kadam

Dania Altyyeb

Leen Abourshaid

AHMED SAMEH

Mohammad Orfali

Haitham Khalil Elkakhia

Rachel Kaminski

#SaudiGermanHospital #Healthcare #Teamwork #Internship



## High school students (Doctor Shadowing Program)

What was your favorite part of the shadowing experience?

**It was fun to try all the different equipments at the hospital and to watch some procedures taken place**

**I liked the fact that we learnt a lot during this experience. My favourite was learning cpr and how to do an ultrasound**

**Personally , my favorite part about this experience is seeing all the equipments and machines such as the MRI machine and also seeing as well as trying the procedures such as the CPR .**

**I enjoyed observing the doctors and their interactions with patients.**



## **Professor Dr. Omar Sabri**

MBBCh, MS, FRCS

Director of Clinical Training

Saudi German Health UAE

British surgeon with a long track record of UK and International Academia.

He holds titles including Senior Lecturer, Publisher, Faculty Trainer, Course Designer and Chairman, Key opinion Leader for Medical Virtual Reality Platform and Book Author.

Professor Sabri has lead Saudi German Health UAE to a leading position among Teaching Hospitals in the UAE

We are immensely proud of the dedication and enthusiasm shown by all participants during these months. As we look ahead, Academic Affairs remains committed to fostering a vibrant learning environment.

**Stay tuned for more updates and opportunities in the months to come!**





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**Saudi German Hospital**  
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